

Erfolgreiche Hörrehabilitation einer synaptischen auditorischen Neuropathie mittels Cochlea Implantat

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Einleitung

- 72-jährige Patientin mit einer **beidseitigen synaptischen auditorischen Neuropathie**
- Beidseitige progrediente Hörminderung mit ausgeprägtem Diskriminationsverlust
- Stabiles Tonaudiogramm - Abfall der Sprachverständlichkeit beidseits mit stärkerer Ausprägung rechts

Methoden

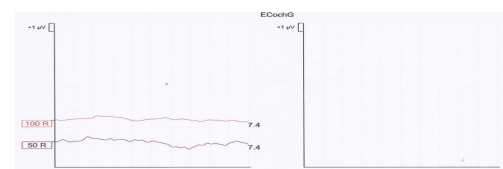
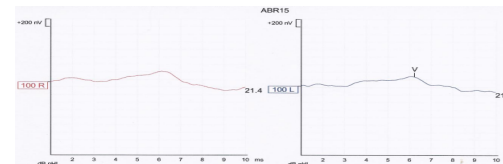
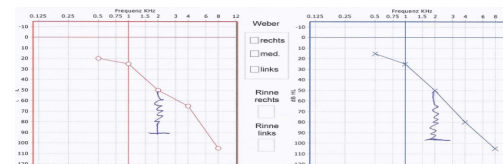
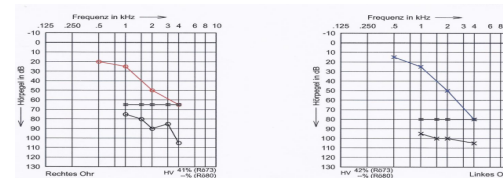
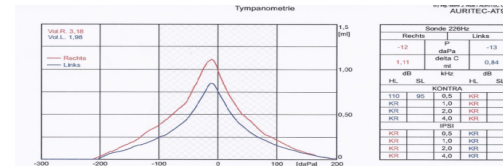
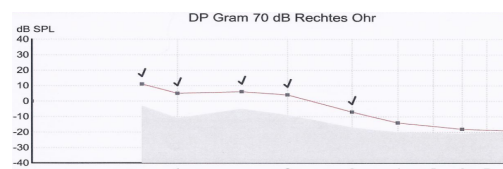
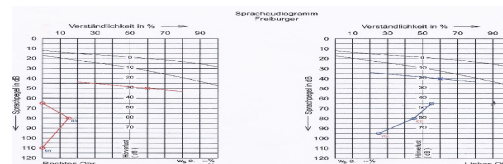
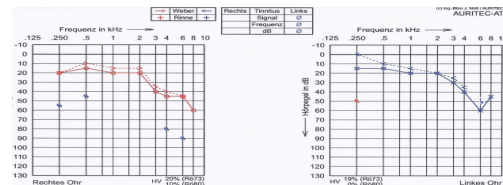
- **Tonaudiometrisch** seitensymmetrische milde Presbyakusis
- **DPOAE** -Korrelation zum Tonaudiogramm
- **Sprachaudiometrie**-korrelierenden Hörverlust für Zahlen bei deutlichem Diskriminationsverlust mit ausgeprägter Regressionskurve beidseits
- Die **Aggravationsprüfungen** fielen negativ aus
- Ausfall der **Stapediusreflexe**
- Pathologischen Schwellenschwund im **Carhart-Test** und herauslaufende Mithörschwelle in der **Geräuschaudiometrie nach Langenbeck**
- Die wiederholt durchgeführte **BERA** zeigte nur noch links bei 100dB eine deutlich verlängerte Welle V

• Bei **fehlender Welle I** trotz unauffälliger DPOAE-V.a. synaptischer auditorischer Neuropathie

• **Transtympanale Elektrocochleografie** rechts-Bei regelrechten Cochlea Microfonics kein Aktionspotential

• Best aided **Hörgerätversorgung**-Sprachverstehen von 50% links und 0% rechts =nicht suffizient

• Bei funktioneller Taubheit rechts erfolgte zunächst die **Cochlea Implantation** rechts



Ergebnisse

- Intraoperativ konnten regelrechte **Nervenantworten** gemessen werden
- Die elektrisch evozierte und optisch registrierte **Stapediusreflexschwelle** zeigte keine außergewöhnlichen Abweichungen von den gemessenen Nervenantworten im Sinne einer Reizweiterleitungsstörung.
- Die Ergebnisse schon bei der Erstanpassung zeigten eine **regelrechte Nervenstimulation** und Weiterleitung des Signals

Schlussfolgerung

- Die **aktuelle Datenlage** ist aufgrund der geringen Fallzahlen nicht ausreichend dokumentiert
- Oft ist die **Versorgung mit einem Cochlea Implantat** die einzige Möglichkeit ein Sprachverstehen wiederzuerlangen
- **Postoperative Performance** der Patientin -sehr breit gefächert - erreicht nicht den durchschnittlichen Hörgewinn der großen Patientengruppe mit cochleärer Ertaubung
- Die **Prognose** im Fall einer **isolierten synaptischen Neuropathie** im Bereich der Cochlea erscheint günstiger und vergleichbar mit dem Patientengut der Innenohrertaubungen
- Bei einer auditorischen Neuropathie **-realistische Beratung** des Patienten

A rare germline point mutation

in the Ret-Protooncogen (ser649leu) associated with mixed medullary-follicular micro-carcinoma of the thyroid gland: case reports of a 67 year old patient and her first line relatives

K. Richter¹, D. Geipel², T. Mairinger³, M. Schwabe⁴, A. Huwe¹, H. Boldt¹, S. Dresel¹; ¹Klinik für Nuklearmedizin, HELIOS Klinikum Berlin-Buch · ²St. Hedwig-Krankenhaus, Bereich Endokrine Chirurgie · ³Institut für Pathologie, HELIOS Klinikum Emil von Behring · ⁴Institut für Pathologie, Charité Berlin Campus Mitte

Objective

Hereditary medullary thyroid carcinoma (MTC) represents 20% to 30% of all MTC with an autosomal dominant pattern of transmission and

a high degree of penetrance (>90%). It can be transmitted as a single entity (sporadic), familial MTC (FMTC), or it can arise as part of a multiple endo-

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Discussion

Individual germline mutations of the RET-protocogene may set the time window for accelerated malignant progression from CCH to familial medullary thyroid carcinoma, the first common and fatal neoplasm among RET gene carriers. Owing to the close genotype-phenotype correlation, which has been confirmed by the large pooled data set of the International RET Mutation Consortium, genetic information leads to individual timing of prophylactic thyroidectomy according to RET genotype. The consensus guidelines for the timing of prophylactic thyroidectomy in asymptomatic carriers of RET gene mutations have divided hereditary MTC into three different risk categories. Very limited information exists on the Ser649Leu RET genotype, because to date there are only a few reported cases. To the best of our knowledge none of the existing 649L-mutations was associated with MMFC, but with (F)MTC. According to the literature MMFC are very rare tumours and have so far been described as single case reports. Different authors' molecular studies revealed that RET-protocogene activation is also involved in the oncogenesis of MMFC. It remains still unclear, whether this type of thyroid carcinoma differs from ordinary medullary thyroid carcinoma with regard

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Conclusion

Whatever the kind of RET mutation is, optimal treatment in gene carriers should take into account the potential aggressiveness of the disease and the fact, that histopathologic stage is the main prognostic factor of MTC. Therefore once gene carrier status is established, the need to perform prophylactic thyroidectomy is undisputed, but, especially in cases with rarely reported RET mutations, the appropriate timing is unclear. Our case indicates that the RET Ser649Leu mutation is associated with late-onset non-aggressive disease. Therefore recommendations for surgery should be individualized depending on basal and stimulated calcitonin levels.

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<p>Case Report</p> <p>A 67-year-old woman was referred to our hospital for detailed investigation of the thyroid because of medullary cancer and elevated total serum calcitonin in November 2024. There was no history of neck irradiation, familial disease of the thyroid, or other endocrine diseases. Her past medical history included operation followed by chemotherapy for carcinoma of the breast in 1997. The laboratory data were as follows: calcitonin: 100 pg/L (reference range: 0.3–4.5 pg/L); thyroglobulin: 21 ng/mL (reference range: 0.3–70 ng/mL); TSH: 0.02 mIU/L (reference range: 0.01–0.4 mIU/L); free thyroxine (FT4): 1.79 ng/dL (reference range: 0.8–1.2 ng/dL). Ultrasound study showed a slightly enlarged thyroid (22.0 mL) with multiple small hypoechoic nodules in both lobes. The largest was located in the middle portion of the left lobe (2.0 x 1.4 x 1.0 mm). Fine needle aspirate cytology of this nodule revealed no malignant cells. No other thyroid nodules were found.</p>	<p>Microscopically, hyperplastic areas in the middle and lower part of each lobe. The sequencing of mutations of the RET-protocogene performed for each 10, 11, 12, 14, 15, and 16 detected an extremely rare mutation involving codon 649 replacement of a serine by a leucine (TCA>TTG) in exon 11, present in a heterozygous state. Genetic testing of all four first-degree relatives (two daughters: 40, 42 yrs. and two granddaughters: 2, 14 yrs.) determined all of them as mutation carriers. Surgery was recommended.</p> <p>The 67-year-old index patient underwent total thyroidectomy without lymph node dissection in August 2025. Histopathologically, there was no evidence of CCH or clinical lymph node metastasis. The thyroid carcinoma measured 40 x 12 x 20 mm, 22 g. On cut section a predominantly microscopically follicular carcinoma, measuring 14 mm in diameter was present in the middle portion of the left lobe. Microscopically adjacent to this mass a 4 x 2 mm well-circumscribed, nonencapsulated nodule, arranged in solid and follicular growth patterns, containing colloid material in the lumens, was found. This spindle-form nodule showed moderately partially atypical stroma.</p> <p>The nuclei appeared enlarged and hyperchromatic. There were atrophic squamous epithelial angiodysplasia within the tumour. Fig. 1 (a-c) No signs</p>	<p>of lymph or blood vessel invasion were found. Immunohistochemistry was positive for calcitonin, chromogranin, and thyroglobulin. These histopathological and immunohistochemical findings showed this to be a mixed medullary-follicular microcarcinoma of the thyroid. Fig. 1 (f-h) No metastases had been present. Tumour staging according to the International Union against Cancer (TNM) classification was pT1a pN0 cM0 (T1b N0). Postoperative course was unremarkable. Two months after surgery basal serum calcitonin level had fallen to 0.2 ng/mL (ref. < 10 ng/mL). The patient had normal results of serum calcitonin, basal TSH, 24-h urinary calcitonin, and plasma free metanephrines, respectively. Because of the corresponding histologic features of the thyroid carcinoma and received prophylactic thyroidectomy in February 2026. A genetically stable of 3.45 (log10 TSI) was determined. In October 2026 total body scan with 99mTc MIBI TSI revealed no radioactive iodine uptake in the thyroid bed, bones, or lungs. Repeated measurements of basal serum calcitonin levels were normal. Subsequent thyroglobulin concentrations were undetectable (< 0.3 µg/L) under replacement therapy. To date there has been no evidence of recurrent or metastatic disease. All four first-degree relatives (two daughters and their son)</p>	<p>patients were tested for basal and postoperative stimulated calcitonin levels and underwent ultrasound examination of the thyroid. These results were in normal range and ultrasonography confirmed a normal thyroid gland in all cases. After extensive discussion regarding the documented genetic transmission three individuals agreed to surgery.</p> <p>The two daughters of the index patient were both microscopically microscopically in March 2026. Histopathological and immunohistochemical findings showed nodular (microscopically CCH) 0.1 mm in diameter plus three CCH in the same and nodular CCH in the other. The postoperative course of both was unremarkable. The 14-year-old granddaughter of the index patient also underwent prophylactic thyroidectomy in July 2026. A thy area of 2 x 3 mm with a slightly increased number of C cells was found, but no CCH. To date the parents of the other 2-year-old grandchild declined this prophylactic procedure. An at least annual monitoring of basal and postoperative stimulated calcitonin levels was offered (last in April 2026 without pathological increase) and prophylactic thyroidectomy as soon as these become abnormal.</p>

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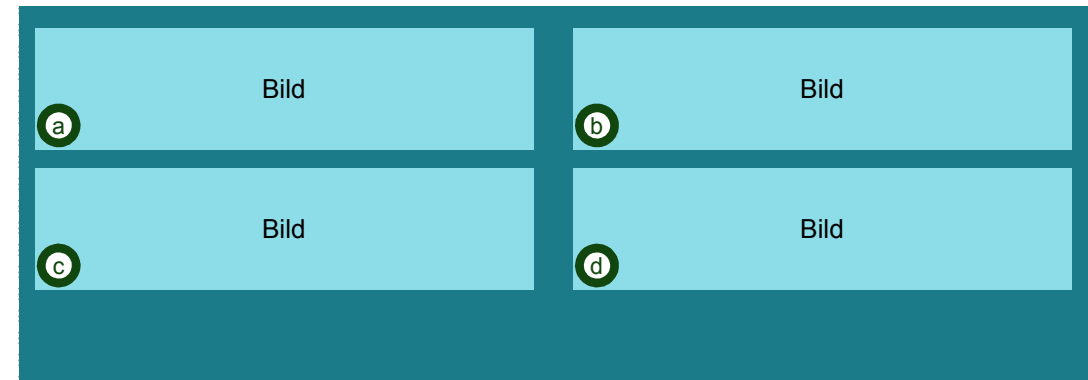
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Discussion

Individual germline mutations of the RET-protooncogene may set the time window for accelerated malignant progression from CCH to familial medullary thyroid carcinoma, the first common and fatal neoplasm among RET gene carriers. Owing to the close genotype-phenotype correlation, which has been confirmed by the large pooled data set of the International RET Mutation Consortium, genetic information lead to individual timing of prophylactic thyroidectomy according to RET genotype. The consensus guidelines for the timing of prophylactic thyroidectomy in asymptomatic carriers of RET gene mutations have divided hereditary MTC into three different risk categories. Very limited information exists on the Ser649Leu RET genotype, because to date there are only a few reported cases. To the best of our knowledge none of the existing 649L-mutations was associated with MMFC, but with (F)MTC. According to the literature MMFC are very rare tumours and have so far been described as single case reports. Different author's molecular studies revealed that RET-protooncogene activation is also involved in the oncogenesis of MMFC. It remains still unclear, whether this type of thyroid carcinoma differs from ordinary medullary thyroid carcinoma with regard



to histogenetical or clinicopathological specification.

Conclusion

Whatever the kind of RET mutation is, optimal treatment in gene carriers should take into account the potential aggressiveness of the disease and the fact, that histopa-

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A rare germline point mutation

in the Ret-Protooncogen (ser649leu) associated with mixed medullary-follicular micro-carcinoma of the thyroid gland: case reports of a 67 year old patient and her first line relatives

K. Richter¹, D. Geipel², T. Mairinger³, M. Schwabe⁴, A. Huwe¹, H. Boldt¹, S. Drese¹; ¹Klinik für Nuklearmedizin, HELIOS Klinikum Berlin-Buch · ²St. Hedwig-Krankenhaus, Bereich Endokrine Chirurgie · ³Institut für Pathologie, HELIOS Klinikum Emil von Behring · ⁴Institut für Pathologie, Charité Berlin Campus Mitte

Objective

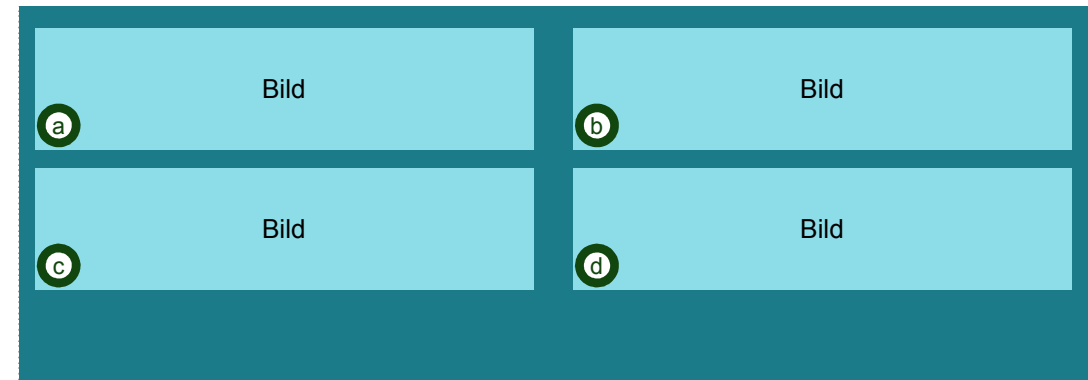
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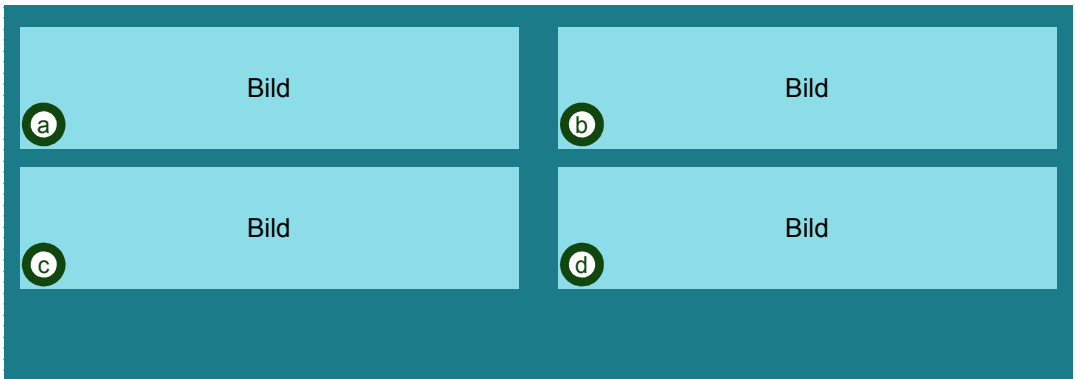
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Cases Report

A 67-year-old woman was referred to our hospital for detailed investigation of the thyroid because of medullary cancer and elevated basal serum calcitonin in November 2024. There was no history of neck irradiation, hereditary disease of the thyroid, or other endocrine diseases. Her past medical history included operation followed by chemotherapy for carcinoma of the breast in 1997. The laboratory data were as follows: calcitonin: measured with 50 pg/L (reference range: 0.1–4.5 pg/L), free thyroxine (FT4): 130 pg/L (reference range: 12–17 pg/L), TSH: 0.02 mU/L (reference range: 0.01–0.04 mU/L), free triiodothyronine (FT3): 3.2 pmol/L (reference range: 2.3–3.9 pmol/L), TPO and CGA were normal, basal serum calcitonin was elevated to 20 ng/L (normal: < 10 ng/L) using Calcitonin-RIMA (Roche, Mannheim, Germany), and calcitonin measurement after parathyroid stimulation (depressed values of 165 ng/L after two minutes) and 273 ng/L after five minutes). Ultrasound study showed a slightly enlarged thyroid (22.0x10.0x10.0 cm) with medullary solid hypoechoic nodules in both lobes, the biggest was located in the middle portion of the left lobe (22x14x11 mm). Fine needle aspirate cytology of this nodule revealed no malignant cells. No other thyroid

nodules or lymphatic metastases were found. Immunohistochemistry was positive for calcitonin (chromogranin and thyroglobulin). These histopathological and immunohistochemical findings showed this to be a mixed medullary-follicular micro-carcinoma of the thyroid (Fig. 1a) in the metastatic foci were present. Tumour staging according to the International Union against Cancer (TNM) classification was pT1a (pT1b) (No 1.2) (No 1.2). Postoperative course was unremarkable. Two months after surgery basal serum calcitonin level had fallen to 0.2 ng/L (normal: < 10 ng/L). The patient had normal results of serum calcitonin, raised TSH, and primary hyperparathyroidism, and serum free calcitonin was normal. Because of the concern with follicular features of the thyroid carcinoma and recurrent calcitonin elevation in February 2026, a diagnostic dose of 5.40 (100 µg) was administered. In October 2026 basal body calcitonin was 387 pg/L (121) revealed no radioactive iodine uptake in the thyroid bed, trachea, or lungs. Repeated measurements of basal serum calcitonin levels were normal, subsequent thyroglobulin concentrations were undetectable (< 0.3 µg/L) under replacement therapy. To date there has been no evidence of recurrent or metastatic disease. All four first-degree relatives (two daughters and their son)

underwent thyroidectomy. In the thyroid bed, trachea, or lungs. Repeated measurements of basal serum calcitonin levels were normal, subsequent thyroglobulin concentrations were undetectable (< 0.3 µg/L) under replacement therapy. To date there has been no evidence of recurrent or metastatic disease. All four first-degree relatives (two daughters and their son)

patients were tested for basal and parathyroid-stimulated calcitonin levels and underwent ultrasound examination of the thyroid. These results were in normal range and ultrasonography confirmed a normal thyroid gland in all cases. After extensive discussion regarding the documented genetic transmission three individuals agreed to surgery. The two daughters of the index patient were both prophylactically thyroidectomized in March 2026. Histopathological and immunohistochemical findings showed medullary (measured) CCH (2.1 mm in diameter) plus three CCH in the right and only one CCH in the other. The preoperative stage of MTC (Fig. 1a) in the 14-year-old grandson of the index patient was confirmed prophylactically thyroidectomy in July 2026. A boy with a 2 x 3 cm with a slightly increased number of C-cells was found, but no CCH. To date the parents of the other 2-year-old grandson declined the prophylactic procedure. At least annual monitoring of basal and parathyroid-stimulated calcitonin levels was offered (last in April 2026 without pathological increase) and preventive thyroidectomy as soon as these become abnormal.